Executive Council Meeting (in person)

Date: February 11th  
Time: 6:00 - 8:00 PM  
Location: Bellaire City Library

SWE HA Executive Council (EC) meeting is open to all members! We will be discussing future events and volunteer opportunities. We welcome you and your ideas. Come and get more involved!

RSVP Here

Questions contact Bujana - secretary@houstonswe.org

March Professional Development Event

INFObdity with speaker  
Margaret Johnson

Date: Wednesday, March 6  
Time: (6:30 - 9:00) pm  
Location: University of Houston campus  
Engineering Lecture Hall  
4800 Calhoun Rd

(Parking information will be sent to registrants)  
The last day of registration will be Sunday,  
March 3

Come join SWE as we host speaker and SWE  
Member Margaret Johnson (www.margaretjohnson.com) at the University of Houston on Wednesday, March 6th!
Margaret will be speaking on solutions to combat the all-too-common challenge of information overload. This event will be hosted by the University of Houston SWE section and will be a joint collegiate/professional event. Dinner will be provided.

**MindFULLness for Peak Performance: The Cure for INFObesity!**

It’s no secret we are bombarded daily with an overload of information and expectations from the news, work, social media and other sources. INFObesity is the term describing the difficulty in sifting through information overload to make effective decisions. It affects our performance as well as our working relationships. Through Mind-FULL-ness practices - including focus, high performance habits, emotional intelligence, assumption busting and bias awareness, personal energy management, strategy, and meditation time - we find a way to simplify and make sense of the craziness, forming effective strategies for high work performance moving forward. Participants will receive tips and make a personal plan to engage in the activities to reduce ineffectiveness.

SWE Professional Members RSVP at this [Link](#)  
(Cost for SWE Professional Members is $10, Non-Members $25)

SWE Collegiate Members RSVP at this [Link](#)  
This event is Free for Paid Collegiate SWE Members only  
(The student sections will be checking their rosters to make sure registrants are paid members)

Questions contact Amy: vp_internal@houstonswe.org

**Tech Tour 2019**

We are pleased to announce the first Tech Tour for 2019.

![Eaton Corporation](#)

A morning tour on **February 22nd** with **Eaton Corporation**. Go on a technical tour and get an inside look at one of the leading Oil & Gas firms in the Houston Area.

**Company Name:** EATON  
**Tour Address:** 3413 North Sam Houston Pkwy W, Houston, TX 77086  
**Contact at Company:** Carolyn Cooper  
**Phone Number:** 346-269-0673  
**Email:** CarolynL.Cooper@Eaton.com  
**Special instructions:** Code to the door will be provided Thursday 2/21 to those who have registered. No safety gear required, but we will be walking and going up/down stairs (its a tour), e.g. steel toe shoes, bring safety glasses, bring ID, wear long pants
etc..

**Time:** Friday, February 22, (8:00 - 9:00) a.m.
Hot breakfast will be included! Breakfast starts at 7:30 a.m.
**Price:** Members $10; Non-Members: $20

**Register for Tech Tour:** [Link](#), by Feb 20

From a mock petrochemical refinery to a substation and power distribution grid, the Houston Experience Center provides a global education solution with the unique ability to give visitors hands-on training in a true application environment. The facility offers world-class industrial training in an innovative 55,000-square-foot facility representing a manifestation of global trends within the industrial space. In addition to live application installations, the facility features multiple training rooms all designed to help facilitate industry-specific education and hands-on demonstrations of Eaton’s entire line of electrical products and solutions from a proven industry leader.

Website: [Eaton Experience Center - Houston](#)

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**eWeek - Houston Engineers Week**

Feb 9, Saturday, 7am-1pm - MATHCOUNTS Judging at Flour

Feb 16, Saturday, Run of Pi Fun Run at University of Houston

Feb 18, Monday, 6-9pm - Young Engineer of the Year Casino Night

Society has a casino table of 10 seats (8 of them can be purchased)

We’re happy to announce that the tickets for Young Engineer of the Year Casino Night are on sale for $35! Get your ticket early to ensure that you don’t miss out! Ticket sales will remain open until tickets are sold out.

**Purchase Now**

This year’s Young Engineer of the Year reception will include Casino Night. Enjoy heavy appetizers as you play a hand of Blackjack, Poker, or any of the other game options. The reception will be wrapped up with the presentation of awards showcasing the 2019 Young Engineer of the Year (YEOY) winners from our local area engineering societies.

Society brings award for YEOY honoree
Location: [Westchase Marriott](#)

Feb 22, Friday, Engineer of the Year Gala at Westchase Marriott

Silent auction item from SWE - golf/spa package from Black Hawk (due Feb 1)
Rockets Suite raffle - $200 ticket sales @ $20/ticket, prize valued over $5,000

Website: [Houston Engineers Week](#)

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**YEOY 2019 Award**
Recipient!

Please join us in congratulating Victoria Herman as our YEOY 2019 Award Recipient!

Victoria has been an active member of SWE since 2008 and is passionate about empowering young girls and women to pursue goals in engineering. She has been a valuable member to both the SWE Rocky Mountain and SWE Houston section. In Houston, Victoria has served as a Section Representative, has held multiple terms as SWE Houston's VP of Career Guidance, and has led the section's annual Introduce A Girl to Engineering Program. Victoria is also active in the Houston chapter of the American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE). She lives in the Houston’s Near Northside Neighborhood with her husband Michael and their two dogs.

Brand New Website

We are delighted to announce that our new website is now live! We hope you agree that it is an engaging site which delivers the information you need to understand SWE Houston Area's activities and purpose.

Don't forget to check on our website - we have new contact information.
Take a look and explore the rest of our site http://www.houstonswe.org/

Questions: Bujana - secretary@houstonswe.org

Contact Us

President
For SWE-HA leadership opportunities contact Carolyn L. Cooper - president@houstonswe.org

Secretary
General section questions contact Bujana Najibani-Sefa - secretary@houstonswe.org

VP Outreach Career Guidance
Outreach and scholarship opportunities contact
Victoria Herman - vps_careerguidance@houstonswe.org

VP External
Corporate scholarship opportunities contact Chen Lee - vp_external@houstonswe.org

VP Internal
Professional Development contact Amy Gelsinger - vp_internal@houstonswe.org

Section Representatives
Marie Laplante - section_rep@houstonswe.org
Scholarship Applications are open! Apply/Share

Scholarship Applications are now open through Feb 28th, 2019! Help us spread the word! Applications here: Link

Sponsor a named scholarship!

SWE-HA would like to invite you to donate and create your own named scholarship! Scholarships are awarded to freshmen female students who plan to enroll for an engineering, science or technical discipline in an ABET accredited 4 year college or university. You can set additional criteria for your named scholarship. Your donation is tax deductible and you can forever make a difference in someone's life! (Minimum donations for a named scholarship is set at $500, but any donation is accepted). To donate or if you have any questions please contact MK (SWE-HA Treasurer - treasurer@houstonswe.org) and Victoria (SWE-HA VP Career Guidance - vp_careerguidance@houstonswe.org)

SWE-HA volunteering

We always welcome more help if you want to get involved with more volunteering activities. Future help we will be looking for include scholarship committee/judging and girl scouts badge day volunteers in February.

Judges required to help!

Scholarship Judges still needed! We'll be doing 2 rounds of judging this year: 1 individual that you can do from your home & a second in person round. Judging starts in March, let us know now if you can help! Email Victoria: vp_careerguidance@houstonswe.org

(Sign up before Feb 18th, thanks to all those that have already volunteered!)

Science and Engineering Fair Houston - we still need SWE-HA Special Award Judges!

Saturday Feb 23rd, 11:30 AM ~ 4:30 PM

SWE-HA will be judging for a special "SWE-HA Aspire Award" to award a STEM summer campership to a junior and senior division young women. Contact Victoria vp_careerguidance@houstonswe.org, if you want to be on our judging team!
• You can also sign up to be a place award through the Science and Engineering Fair Houston and represent SWE individually.

**Mathcounts competition Sign up by 2/4! (Part of Houston's Eweek activities)**

**Saturday, February 9, 2019 (7:30 am - 1:30 pm)**
@ FLUOR ENTERPRISES, INC. SUGAR LAND COMPLEX 1 Fluor Daniel Drive Sugar Land, Texas 77478 p. 281-261-1000
For more information or questions, please contact: Nick Barnett - Lockwood, Andrews & Newnam, Inc. p. 734-545-0908 e-mail:
[nrbarnett@lan-inc.com](mailto:nrbarnett@lan-inc.com) . If you do sign up to volunteer and represent SWE, please let us know so we can track our section's volunteer hours.

Volunteers: **RSVP by 02/04/19 at tspehouston.org/mathcounts.**

Visitors/Volunteers: Go straight to the main entrance - past the stop sign and take the first right into the visitor parking area. Inside the building, volunteers are to follow the signs. Volunteers will be provided with lunch and a t-shirt.

**Help run a hands on activity at Port City Links, Inc. - 14th Annual Health, Education, Science Fair, and Carnival**

Saturday March 23, 2019 from 10:00am - 1:30pm
@Sunnyside Park, located at **3502 Bellfort, Houston, TX 77051.**

All you have to do is show up! We'll host a table, provide information on SWE to community members and have a fun activity for kids. Let us know if you can help! Email vp_careerguidance@houstonsw.org


**Volunteer for SWE - HA at a Girl Scout event in February**

**When:** Saturday Feb 9th, (9 am ~ noon)
**Where:** [Girls Scouts of San Jacinto Council](http://www.gssjc.org)
**What:** Think Like an Engineer Journey Badge for Daisies
Contact Victoria if you want to help. She will email you more details when the date is finalized.

Special Request from Girl Scouts for NSBE members and SWE members with similar ethnic backgrounds to help on for a Black History Month on the February 23rd at The Gregory School (9:30 am-12 pm). The sessions will be focusing heavily on Black History and then doing a build-type activity to learn about that person’s work.

Contact Victoria vp_careerguidance@houstonswc.org if you can help!

**Represent SWE with FIRST Robotics**

Represent SWE with FIRST Robotics and sign up to be a judge at District competitions! (Please let us know if you are volunteering on behalf of SWE, so we can track our volunteer hours and events.)

**FIRST VIMS (Volunteer Information Management System). Sign up for either or both events at:** [https://www.firstinspires.org/ways-to-help/volunteer](https://www.firstinspires.org/ways-to-help/volunteer)

- **Channelview District Event** - Friday & Saturday-March 15-16, 2019-Channelview High School, Channelview
- **Pasadena District Event**-Friday & Saturday-March 29-30, 2019-San Jacinto Community College, Pasadena

**SWE HA Leadership Opportunities**

**SWE-HA outreach volunteers for chairs and committee members**

Would you like to improve your leadership skills? We have many opportunities where you can test and sharpen your leadership skills.

For more information contact Carolyn president@houstonswc.org

**SWE HA newest STEM group**

Be part of our SWE-HA STEM group on Facebook.
Here you can post and share any activity/information/event related to STEM. Everybody can use this group as a form of communication for any event happening in the Houston area with other SWE members.

To find the Society of Women Engineers - Houston Area Facebook page just search for @swehoustonarea.

2019 WE Local Conferences

WE Local conferences provide all the professional development, career advancement and networking opportunities as SWE's Annual Conference, but on a local level, so you can Meet Locally.

- **Baltimore, MD** - February 8-9, 2019
- **Tampa, FL** - February 15-16, 2019
- **St. Louis, MO** - March 1-2, 2019
- **Denver, CO** - March 15-16, 2019
- **Bellevue, WA** - April 5-6, 2019
- **Bangalore, India** - April 11-13, 2019
- **Berlin, Germany** - May 15-17, 2019

There's still time to give the gift of SWE!

Check out SWE’s online store, sweSwag and add items to your own gift list, or give the gift of sweSwag to your SWEster!

Visit [swe.org](http://swe.org) to check out these gifts and more. All sweSwag items are conveniently available to order on Amazon.

Purchase with Purpose

Next time you purchase online select Amazon smile and it donates for Society of Women Engineers.

Steps to donate to SWE on Amazon:
1. Sign in to [smile.amazon.com](http://smile.amazon.com) on your desktop or mobile phone browser.
2. Go to Your Account from the navigation at the top of any page, and then select the option to Change your Charity. Select SWE organization to support.
For more information about the AmazonSmile program, go to http://smile.amazon.com/about.

You can also link Kroger or Randalls card.

Save the Dates!
February 9: Girls Scouts
Feb 11: EC Mtg
February 18 - 22: eWeek
March 6: PD Event - (6:30 - 8:30) University of Houson
March: FIRST Robotics

Society of Women Engineers - Houston Area | Go to the SWE-HA Website

STAY CONNECTED:

Society of Women Engineers - Houston Area Section, P.O. Box 1355, Houston, TX 77251

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